



Tour de Sun Valley



FIS/USSS Cross Country Ski Races – Sun Valley, IDAHO

March 19- 21, 2021

Hosted BY:

The Sun Valley Ski Education Foundation

Event Contact INFO:

- Chief of Competition : Rick Kapala rick@svsef.org 208 720-7981
- Co -Chief of Competition: Kelley Yeates kelley@svsef.org 208 720-8998
- Website: www.svsef.org
- Race Secretary: Emily Williams ewilliams@svsef.org
- COVID-19 Coordinator: Lindsay Mann lmann@svsef.org
- Technical Delegate: Dr. Al Pokorny Asst Technical Delegate: Annie Pokorny

Event Description: The Tour de Sun Valley is a FIS/ USSS three day series of races. Note that it is not run in “Tour Format”, that’s just the title ☺. All races will be held at the Lake Creek Nordic Trails located 2 miles North of Ketchum, Idaho. Due to COVID health restrictions, the field size is limited to a quota of 100 Men and 100 Women from outside of Blaine County. Specifics for entry procedure are detailed below. Please be sure to closely review all COVID policies for the event.

Event Entry Stipulations and Procedures:

Due to the Limited Field Size for the event, the following quota system is in place

- 1) A Maximum of 100 per gender of out of Blaine County entrants will be accepted
- 2) Note: All Senior Athletes must possess a current FIS License and All Junior athletes must possess a current US Ski and Snowboard Competitors License
- 3) Within each Gender, Entry Quotas per group are defined as follows

International Athlete FIS Quota	5
Defined as an athlete with a Non-United States FIS license	
Western Region* US Senior Quota	30
Western Region* US U18/20 Junior Quota	40
Intermountain/Western Region** U16 Quota	25

*For the purpose of entry eligibility a skier must be living in the Western region this winter as of January 1, 2021. A skier who has been residing at a college/university located out of the Western Region this year or living in a location out of the Western Region while participating with a non-Western Club Team is not eligible. This policy is in keeping with the USSS policies developed this past year to eliminate travel to National Level events and instead prioritize regional based competitions.

** The U16 Class Quota will prioritize Intermountain skiers as the first step in filling the U16 quota. Unfilled space will then be opened to Western Region U16’s. NOTE: Current U14’s are not eligible to enter as part of the U16 Quota.

Entry applicants will be ranked according to the following method:

- All FIS Seniors will be ranked according to their Sprint or Distance Discipline FIS Points, whichever is better.
- U18/20 and U16’s will ranked according to their OVERALL US National Ranking List Points
- In the event that a group is undersubscribed for entry, the Organizing Committee will re-allocate the unused quota slots within a group to another group that has reached their max capacity.

PROVISIONAL ENTRIES will be accepted through Monday , 10pm (Mountain Time) March 8th using the attached Tour De Ski Entry Spreadsheet. Please complete all fields accurately and CHECK that all FIS and USSS Competitor Numbers are Correct and that the submitted Name of each athlete EXACTLY matches their name on their FIS and USSS License. Please enter only those athletes who will likely attend if afforded entry.

Email the COMPLETED Provisional Entry Form to xcrace@svsef.org by Monday 3/8/2021 by 10pm.

ENTRY Confirmations will be sent to TEAM LEADERS on Tuesday 3/9/2021. If at this time, Team Leaders have an athlete who cannot attend, please notify us immediately so that athletes who are on a waiting list may be notified and extended an entry. If at any point prior to the competitions you have a skier scratch please notify the race secretary immediately.

Entry questions can be directed to Rick Kapala , Chief of Comp at rick@svsef.org or Emily Williams Race Secretary ewilliams@svsef.org

Event COVID Protocols and Requirements:

*******NO SPECTATORS are Allowed at the Race Venue*******

Access to the Lake Creek Race Venue is allowed only via the Lake Creek Trailhead Access Bridge to Entered Competitors, USSS Licensed Coaches who are working directly with their athletes and Race Staff and Volunteers. We thank all parents and supporters for their efforts on behalf of maintaining a safe sport environment this season.

Note that The Tour de Sun Valley is subject to cancellation at any date due subject to the directives of Blaine County Directives in response to an increase in local COVID infection rates.

All Competitors and Coaches are required to complete a Pre Event US Ski and Snowboard COVID Screening Form

Link to COVID 19 Pre Screen Form: <https://forms.gle/7EJM9Wb2bDmGcmAU6>

This must be completed no earlier than March 17th at 8am and responses are due by March 18th at 4pm.

This form is required by all registered athletes and coaches to receive your event bib(s) for the Sun Valley Tour De Ski (March 19-21st).

Athletes, coaches and volunteers are also required to fill out a daily screening Form by 8am each day of competition. The daily screen form is a different link and must be completed prior to entering the venue each day.

Link to COVID 19 Daily Form <https://forms.gle/XcJseFc4mgWYVFP9>

Anyone experiencing COVID 19 symptoms and/or has been instructed to quarantine may not come to this event. Please contact the Covid Coordinator, Lindsay Mann, 781 799 2920, if you are experiencing symptoms or have been asked to quarantine.

***If you test positive for COVID 19 or experience symptoms of COVID 19 48 hours after the event please contact COVID Coordinator Lindsay Mann. lmann@svsef.org*

COVID EVENT PROTOCOLS

- All race venue access is via the Lake Creek Trailhead Bridge. There will be a COVID screening checkpoint located at the Lake Creek parking lot where our COVID coordinators will confirm that all screenings have been completed and where Race Bibs for that day will be distributed.
- All people at the venue will be required to wear masks and remain six or further feet apart, except when racing, warming up, or wax testing. If skis are not in motion, masks on!

- Skiers may arrive to the race stadium and venue no earlier than 1 hour to the scheduled start time and must depart the stadium and venue within 30 minutes of the completion of their race
- No banquets, food service, or award ceremony will be conducted; and other places of potential congregation of athletes and coaches will be eliminated, such as results postings, tents or shelters, and building entrances and exits.
- Indoor space at the Lake Creek Nordic center will only be utilized by volunteers, timing contractor, and medical staff if an emergency arises.
- Athletes in start/finish area:
 - Must wear masks until in the start gate (up to 30 seconds before start) and replaced after finishing
 - Athletes will be spaced at least 6 feet apart in the start lane
 - Races will be individual start formats with the exception of the sprint rounds. Note – skiers not advancing in the sprint must exit the race venue within 30 minutes of the completion of their last race.
- Results will be distributed electronically instead of posting on-site on results boards, to discourage congregation.
- All race jury and other official meetings will be conducted outdoors.
- Team Leaders will be conducted via teleconferencing

If COVID Symptoms/Cases Develop During the Event or a Post-Event:

1. Require any participant who tests positive for COVID-19 or has symptoms consistent with the disease beginning within 48 hours after the conclusion of the event to notify the host and contact the event’s COVID Coordinator.
2. Immediately isolate anyone who has COVID-19 symptoms.
3. Individuals who have had close contact with a person who has symptoms or who has tested positive, should be isolated and then should quarantine where they are according to state/regional guidelines.
4. In accordance with state and local privacy and confidentiality laws and regulations, and while maintaining confidentiality in accordance with the Americans with Disabilities Act (ADA) and other applicable laws and regulations, notify local health officials, staff, participants, and families immediately.

Spectators and families

We are thankful for your support over the years and spending time in Sun Valley. However, for 2020-2021, spectators are not allowed entry to the events (stadium and courses) due to Covid-19 precautions.. We acknowledge the inconvenience of traveling to Sun Valley and not being able to spectate at the races. However, providing an opportunity for your child to compete while keeping all attendees at the race venue and our small local community safe from COVID is of primary concern to us. We are taking extraordinary measures to limit areas of congregation and ensure social distancing, mask-wearing, and use of hand sanitizer. Realistically, however, the manner in which family members, athletes, and their team members conduct themselves in the city of Sun Valley while away from the venue may pose a greater risk of COVID transmission than at the race venue.

We therefore recommend the following measures during your visit to Sun Valley:

- Do not travel to the event in the first place if you have any COVID symptoms!
- We request visitors from outside of Sun Valley limit their travelers to ONE PER ATHLETE.
- Wear a mask at all times when outside of your hotel room or when not inside your automobile.
- Bring food to eat in your hotel room, order take-out food or curbside pick-up from local restaurants rather than dining-in.
- Results will not be posted on site, and there will not be an on-site awards ceremony, so use your smart phones to access this information at www.sportstats.ca or www.svsef.org Stay safe and healthy. And please help prevent the spread of COVID in Sun Valley during this event. Thank you!

Event Schedule:

Monday 3/8/21	PROVISIONAL ENTRIES DUE
Tues-Wed 3/9-10/21	Entries Confirmed
Wed-Thu 3/17-18/21	Official Training Days at Lake Creek Open 9am to 3pm (Note: Skiing on Trails other than LC require a trail pass)
Thursday 3/18/21	VIRTUAL TEAM LEADERS MEETING 5:30pm
Friday 3/19/21	Women's Individual Sprint - Free (to Completion) 9am to 12 noon Men's Individual Sprint - Free (to Completion) 1pm to 3:30pm Note: Both Open and Junior Heats will be conducted with 16 advancing into 4 quarters of 4
Saturday 3/20/2021	VIRTUAL TEAM LEADERS MEETING 7pm Womens 5km - Classic: All Classes 9am to 11am Mens 10km - Classic: Senior & U18/20 & U16 Men 5km 12.30pm to 3pm
Sunday 3/21/2021	VIRTUAL TEAM LEADERS MEETING 5.30pm Men's 15km - Free: Senior and U18/20 9am to 11am Women's 10km - Free: Senior and U18/20 11.30 to 1pm U16 Boys then Girls - Free: 1pm to 2pm

The On Line Event Waiver and Release will be posted starting 3/10/2021 at www.svsef.org and must be completed by all coaches and competitors prior to the Thursday 3/18 Team Leaders meeting

Stadium and Course Maps:

Race Course maps and Stadium diagrams will be posted at www.svsef.org

Coaches INFO Distribution and Team Leaders Meetings :

THURSDAY Tour de Sun Valley Team Leaders Meeting

Time: Mar 18, 2021 05:30 PM Mountain Time

<https://us02web.zoom.us/j/89234124144?pwd=OHpMankzL3g0YVhM3VjY056K2FaZz09>

Meeting ID: 892 3412 4144

Passcode: 909906

FRIDAY Tour de Sun Valley Team Leaders Meeting

Time: Mar 19, 2021 07:00 PM Mountain Time

<https://us02web.zoom.us/j/89606276973?pwd=Zk1uWjI6aWRraGVBSlhuYmJMNFB0dz09>

Meeting ID: 896 0627 6973

Passcode: 645746

SATURDAY: Tour de Sun Valley Team Leaders Meeting

Time: Mar 20, 2021 05:30 PM Mountain Time (US and Canada)

<https://us02web.zoom.us/j/88024387356?pwd=ZCtXbnh5cmNHT3RGVE5KWUNwbWJHJz09>

Meeting ID: 880 2438 7356

Passcode: 583826

Venue Access, Parking and Shuttles:

All competitions will be conducted at the Lake Creek Ski Trails located 2.5 miles North of Ketchum, Idaho on Idaho Highway 75. Access to the race stadium and courses is only allowed via the Lake Creek Trailhead. No access is allowed through the private residential area, known as Hulen Meadows. Unauthorized vehicles parked in Hulen Meadows may be towed.

Teams will have an assigned area adjacent to the race stadium for their set –up delineated by soft fencing.

Note that there will not be racer beverages or snacks in the stadium. Skiers and Coaches should come prepared with ample fluids and food for their day. There will be porta potties located both at the Lake Creek Trailhead as well as at the Race Stadium.

Parking at the Lake Creek Trailhead is limited. Given that spectators are not allowed, parents and skiers may pull into the Lake Creek parking lot to drop off and pick up skiers. Teams will be limited to 1 vehicle per team parked at Lake Creek on all competition days. A limited shuttle service will be provided from our Satellite parking lot located .5 miles south of the Lake Creek Trailhead. Capacity per shuttle ride is limited to 5 riders and all occupants must be masked at all times. Shuttle operations will start at 7.45am each race morning and conclude after races are complete. NO PARKING IS ALLOWED on IDAHO HIGHWAY 75 at any time nor is event parking allowed in any adjacent residential areas. Thanks for your cooperation.

Team Gear Shuttles from the Lake Creek Trailhead will be conducted on race days from 7am to 8am for Morning races and from 11am to 12noon for Afternoon races. We can provide transport on Thursday 3/18 from 12 to 2pm of team gear (tents, tables, etc) to be stored in the race stadium for those teams that would like to reduce shuttle loads on race days.